



Newsletter No19 Friday 31st January 2020



Weekly Attendance Award goes to Kingfishers

Dear Families,

Next week is national 'Children's Mental Health Week' and this years theme is **Find your Brave.**

We will be sharing the following messages at school:

- Life is all about taking small brave steps every day.
- Bravery could be about sharing worries and asking for help when you need it, trying something new or making the right choices.
- Life often throws challenges our way.
- Bravery isn't about coping alone or holding things in. It's about finding positive ways to deal with things that might be difficult, overcoming physical and mental challenges and looking after yourself.

What you can do to encourage your child to Find their Brave.

- Remind your child that bravery comes in many forms and everyone is different. What's brave for them might not feel brave to someone else.
- Praise your child when they Find their Brave. Maybe they've kept going at learning a new skill or tried something outside of their comfort zone which boosted their confidence.
- Point out examples of bravery in books and films to your child and talk about how trying out different ways of being brave will help them feel good.
- Reassure your child that not feeling brave is OK too and that there are times when it might be more difficult to be brave.
- Let your child know that if they are not sure about something, they should talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.

If you're worried about your child's mental health, you can talk to your GP or come in to school. We are always more than happy to support any aspect of your child's wellbeing. We are lucky to have the amazing Mrs Clarkstone, our PSA, who has a wealth of knowledge of organisations we can access. You can also find a list of organisations that provide support and advice on the following website: www.place2be.org.uk/contacts

So next week lets all FIND OUR BRAVE!

Miss Hayes and Mrs Arrowsmith ~Heads of School

Week Commencing 03/02/20

Pupil Progress meetings start this week **GREEN WEEK** on your child's class day – time

- Childrens Mental Health week
- Tue 28th ~ Swans swimming – swimming hats for children with long hair please!

SAT Booster Sessions

YEAR 6 - SATS BOOSTER SESSIONS

3:15-4:30pm on Thursdays 27/02/20, 05/02/20, 12/03/20, 19/03/20, 26/03/20, 23/03/20, 30/03/20, 07/05/20 and 14/05/20.

Please see Mr Johnson if you have problems attending these dates.

Thank you



Information in Book Bags

Please can we ask that

Book Bags are checked daily

as information/letters and leaflets are sent home frequently, these can often require parental consent by an **allocated deadline.**

Polite Notice

The pub has asked if you are parking on their carpark at pick up times – please use the carpark at the back and do not block the entrance as they use this for deliveries. The front car park is for their customers only!!

Thank you

Lost Property

Due to lack of storage space all un-named items will be disposed of or donated to a charity shop at half term.

3rd – 5th June 2020

Y5 & 6 HOLT HALL RESIDENTIAL TRIP

Please continue making payments to the office, remembering to send in your payment cards for updating the balance.

Headlice

Headlice have been reported to the school again this week! Please could you check your child and treat accordingly.

Thanks



Upcoming Events 2020

February

- Mon 10th – Kingfishers Reading Café 2-3pm
- Tue 11th – Ducklings Reading Café 2-3pm
- Thur 13th – Swans Reading Café 2-3pm
- Fri 14th – Herons Reading Café 2-3pm
- Fri 14th – Last Day break up for half term
- Feb 17-21st – Half Term
- Mon 24th – Back to school



March

- Fri 6th – Omnes Games Volleyball
- Fri 20th – Swans Trip Billionaire Boy – More to follow
- Tue 24th – Cluster First Steps Netball Tournament
- Tue 24th – Bags 2 school pick up

April

Thur 2 – 17th – Easter holidays school closed

- Mon 20th – Back to school
- Tue 21st – Cluster Tri Golf
- Thur 23rd – Pret a Portrait Class photos
- Thur 30th – Swans Trip to Norwich Castle

May

- Fri 1st – Omnes Games Curling
- Thurs 7th – Cluster Mini Tennis
- Fri 8th May – MAY DAY BANK HOLIDAY SCHOOL CLOSED**
- W/C 11th-15th - SATS Week
- Wed 20th – Y6 London Trip for Leavers
- Wed 20th – Cluster Cricket Event
- Fri 22nd – Last day break up
- Mon 25th – 29th – Half Term School Closed**