



Newsletter No: 18

31st January 2020



Weekly Merit Certificates

Butterflies: Isabella H Fireflies: Blake & Olivia C
Dragonflies: Freya & Daisy Ladybirds: Joshua & Amy



Weekly Attendance Award: Ladybirds 99.70%

Dear Families,

Next week is national 'Children's Mental Health Week' and this year's theme is **Find your Brave.**

We will be sharing the following messages at school:

- Life is all about taking small brave steps every day.
- Bravery could be about sharing worries and asking for help when you need it, trying something new or making the right choices.
- Life often throws challenges our way.
- Bravery isn't about coping alone or holding things in. It's about finding positive ways to deal with things that might be difficult, overcoming physical and mental challenges and looking after yourself.

What you can do to encourage your child to Find their Brave.

- Remind your child that bravery comes in many forms and everyone is different. What's brave for them might not feel brave to someone else.
- Praise your child when they Find their Brave. Maybe they've kept going at learning a new skill or tried something outside of their comfort zone which boosted their confidence.
- Point out examples of bravery in books and films to your child and talk about how trying out different ways of being brave will help them feel good.
- Reassure your child that not feeling brave is OK too and that there are times when it might be more difficult to be brave.
- Let your child know that if they are not sure about something, they should talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.

If you're worried about your child's mental health you can talk to your GP or come in to school. We are always more than happy to support any aspect of your child's wellbeing. We are lucky to have the amazing Mrs Clarkstone, our PSA, who has a wealth of knowledge of organisations we can access. You can also find a list of organisations that provide support and advice on the following website: www.place2be.org.uk/contacts

So next week let's all FIND OUR BRAVE!

Miss Hayes and Mrs Arrowsmith
Heads of School

Congratulations!

Celebration Board

Congratulations to;

Isla - Mae who has played in her first rugby match for West Norfolk Under 8 Rugby Team.

Logan and **Zachary** have both achieved 9 Kup by the KAE KWON-DO Association of Great Britain

Well Done Isla – Mae, Logan and Zachary.

Next Week ...

Green Week for Pupil Progress Meetings

Tues ~ Keys Steps Gymnastics for Selected Children

Tues ~ Swimming for Ladybirds Class

Friends of the School

Thank you to all who supported our Friends of the School Film Night.

We raised **£73.00**.



Our next event is our Valentine Disco on Monday 10th February ~ 3.15pm to 5pm.

Key Stage 2 Fruit Tuck

Due to an increase in supplier prices please note that from Monday 24th February KS2 fruit tuck will be 30p per day or £1.50 per week.



SAT Booster Sessions at St Germans

Year 6 SATs sessions will be starting after the half term.

Please note amended dates!

YEAR 6 - SATS BOOSTER SESSIONS 3:15-4:30pm on Wednesdays; 26/02/20, 04/03/20, 11/03/20, 18/03/20, 25/03/20, 01/04/20, 22/04/20, 29/04/20 06/05/20. Please see Miss Burrell if you have problems attending these dates.



EDP Plant to Plate Campaign

Please remember tokens are printed in the EDP newspaper every day until Friday 27th March. Please bring your tokens to the school office. Thank you

Eastern Daily Press



WELCOME



Staff

We would like to welcome Mrs Moira Hardy to St Germans Academy. Mrs Hardy is a Bishop Grosseteste University Trainee Teacher and will be working alongside Miss Burrell in Ladybirds.

Board of Superhero Learners

This week the following children's work has been displayed on the Board of Superhero Learners:

William, Lewis, Katie Thomas B, Theo, Chloe & Jacob.

Well done.



Important

May Day Bank Holiday

Please remember the May Day Bank Holiday this year has been changed to Friday 8th May. This is due to the 75th anniversary of VE Day commemorations.

Diary Dates:



Ladybirds swimming this half term on Tuesdays

February

Tues 4th ~ Gymnastic Event for Selected Year 1 and 2 children

Mon 10th ~ Valentine Disco

Tues 11th ~ Safer Internet Day

Fri 14th ~ Break up for Half Term

Mon 24th ~ Back to School

Wed 26th ~ Friends of the School Meeting at 2.45pm

March

Mon 2nd ~ Friends of the School Film Night

Fri 6th ~ Omnes Volleyball for Selected Children

Tues 17th ~ Dance Festival at King's Lynn Corn Exchange

Fri 20th ~ Dragonflies Trip ~ Billionaire Boy ~ More Details to Follow

Mon 23rd ~ Friends of the School Easter Disco

April

Wed 1st ~ Tri -Golf Festival for Selected Children

Wed 1st – Break up for Easter

Mon 20th ~ Return to School

Fri 24th ~ School Nurse to see Reception Children ~ Height, Weight, Vision and Hearing Check.

May

Fri 1st ~ Omnes New Age Kurling for Selected Children

Mon 4th ~ Friends of the School Film Night

Fri 8th ~ May Day Bank Holiday – SCHOOL CLOSED

Mon 11th – Fri 15th ~ Year 6 SATs Week

Wed 20th ~ Year 6 London Leavers Trip

Fri 22nd ~ Break up for half term.