



## NAPPY CHANGING POLICY

### Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### Procedures

Key persons undertake changing young children in their key groups; back up key person change them if the key person is absent.

Before nappy change staff will check position of changing mat to ensure child is protected from view and will maintain dignity and privacy throughout.

Changing areas are safe areas to lay young children if they need to have their bottoms cleaned.

Each parent is requested to provide their own bag to hand with their nappies or 'pull ups' and changing wipes – the pre-school does keep some extra on site in case of an emergency.

Gloves and aprons are put on before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.

All staff are familiar with the hygiene procedures and carry these out when changing nappies.

In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.

Children are encouraged to wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.

Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

They should be encouraged to wash their hands and have soap and paper towels/ hand dryer to hand. They should be allowed time for some play as they explore the water and the soap.

Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'

Key persons do not make inappropriate comments about young children's genitals when changing their nappies

Older children access the toilet when they have the need to and are encouraged to be independent.

Nappies and 'pull ups' are disposed of hygienically. The nappy or pull up is double-bagged and put in the bin.

Appendix 1 - Permission Form attached



## Appendix 1 - Permission Form

### Permission for Academy to provide intimate care

Pupil's name: .....

DoB: .....

Parent/Carer name(s): .....

Address: .....

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I/We give permission for Academy to provide intimate care to my/our child.

I/We will advise the Academy of anything that may affect issues of personal care (if medication is changed or my child has an infection for example)

I//We understand the procedures that will be carried out and will contact the Academy immediately if there are any concerns.

Signature: .....

Name: .....

Relationship to child: .....

Date: .....